

Index of Contents of Vedic Mathematics Material on Website

The Vedic Mathematics material on the present website <http://vedicganita.org/> is indexed into two parts. Part -1 is runsover pages 1 to 67. Part -2 runsover 68 onwards.

Part-1

Name of Website :- <http://vedicganita.org/>

Contents Heads :-

- (1) Home Page -----0 -1
(2) 12 Years Knowledge Chase Steps ----- 2 - 61

Index of Contents of Heads :-

(1) Home Page - This is one page write-up.

(2) 12 Years Knowledge Chase Steps

1. First Year: Creator's space (2006-07). Download Links: ([1a](#) [1b](#) [1c](#) [1d](#) [1e](#))
2. Second Year: Transcendental word (2007-08). Download Links:
([2a](#) [2b](#) [2c](#) [2d](#) [2e](#))
3. Third Year: Gyatri Mantra (2008-09) Download Links: ([3a](#) [3b](#) [3c](#))
4. Fourth Year: Devnagri alphabet (2009-10) Download Links: ([4a](#) [4b](#) [4c](#) [4d](#) [4e](#))
5. Fifth Year: Sunlight basis of knowledge (2010-11) Download Links:
([5a](#) [5b](#) [5c](#) [5d](#) [5e](#))
6. Sixth Year: Jeev Atma (2011-12) Download Links: ([6a](#) [6b](#) [6c](#) [6d](#) [6e](#))

1. First Year: Creator's space (2006-07). Download Links: ([1a](#) [1b](#) [1c](#) [1d](#) [1e](#))

CREATOR'S SPACE

SECTION -1 CREATORS SPACE LESSONS 1 TO 60

- 1 Guru Brahma: Creator the Supreme
- 2 Lord Ganesha: Lord of Ganas
- 3 Unity state: Pole star Universe
- 4 Duwadas Lingum: Twelve
- 5 Chaturdas(14)Bhuwans: Fourteen self sustaineddomains
- 6 Awareness of Knowledge range
- 7 Organisation format of Rigved Samhita
- 8 Purusha format
- 9 Sathapatiya measuring rod
- 10 Age of Lord Brahma
- 11 To be conscious of it
- 12 A transcendental phenomena
- 13 Transcendental worlds within Creator' space
- 14 Flow of solid quantifiers within creator's domain
- 15 Along old to new formats
- 16 First vowel to Second vowel
- 17 Permit the mind to transcend through gap-range
- 18 Approaching solid dimensional order
- 19 'Ghan' / Body-cube
- 20 'Jad / mundane' and 'Sacheten/transcendental'
- 21 Alphabet: "Posers"
- 22 "To Structure the void"
- 23 "Invoking the ultimate"
- 24 "Twenty-five sankhiya elements"
- 25 "To structure the void"
- 26 This phase of first quarter
- 27 Triloki and creator's space
- 28 Transcendental worlds within creator's space
- 29 Sun and creator's space
- 30 Preparation for the second phase of this quarter
- 31 Triloki and Creator's Space
- 32 Along Hyper Cube 4 format
- 33 Cube as Manifestation layer (1,2,3,4)
- 34 Hyper Cube 4 as Manifestation layer (2,3,4,5)
- 35 Transcendental worlds as Manifestation layer(3,4,5,6)
- 36 Teaching along Hyper Cube 4 format
- 37 Learning along Hyper Cube 4 format
- 38 Vedic Mathematics Science and Technology Basics
- 39 Vedic Mathematics Science and Technology Skills
- 40 Vedic Geometry Course for Transition to Hyper Cube5 format
- 41 Existence within framed domain
- 42 Space within Cavity of Heart
- 43 Universe within a Slab

44	Brahma within Slab
45	Glimpsing the Creator's range within the Slab
46	Focus Point Spatial Order
47	Focus Point Four Dimension
48	Focus Point Four Fold Manifestation
49	Focus Point Seal at the Origin
50	Focus Point Origin as Seat of Transcendental Worlds
51	Revisiting the Gyan Yajana steps
52	Revisiting the One's approach
53	Revisiting Sun to Earth Range
54	Revisiting Features of Creator's Space
55	Revisiting One's Evaluation of Oneself
56	Gyan Yajana: Concept and Steps
57	Creator's Space
58	Manifestation Layer
59	Transcendental Worlds
60	Transcendental Ranges

SECTION-2

UNITY STATE ALPHABET LESSONS 61 TO 120

61	Unity State Alphabet
62	Spatial order for alphabet format
63	Manifestation layer (2,3,4,5)
64	Step 4 Artifice 7
65	Step 5 "1" Place Value system and "0" Place valuesystem
66	First Vowel & first Consonant
67	Step 2 2 First & second Vowel
68	Step 3 First, second & third Vowel
69	Step 4 First, second, third & fourth Vowel
70	Step 5 First, second, third, fourth & fifth Vowel
71	Sixth Vowel
72	Seventh Vowel
73	Eighth Vowel
74	Ninth Vowel
75	Brahman Range and Vowels
76	First Letter of first Row
77	Second Letter of first Row
78	Third Letter of first Row
79	Fourth Letter of first Row
80	Step 5 Fifth Letter of first Row
81	First Letter of Second Row
82	Second Letter of Second Row
83	Third Letter of Second Row
84	Fourth Letter of Second Row
85	Fifth Letter of Second Row
86	First Letter of Third Row
87	Second Letter of Third Row
88	Third Letter of Third Row
89	Fourth Letter of Third Row
90	Fifth Letter of Third Row
91	First Letter of Fourth Row
92	Second Letter of Fourth Row
93	Third Letter of Fourth Row
94	Fourth Letter of Fourth Row
95	Fifth Letter of Fourth Row
96	First Step

97	Second Step
98	Third Step
99	Fourth Step
100	Step 5 Fifth Step
101	Transition to Antstha-Consonants
102	First Antstha-Consonant
103	Second Antstha-Consonant
104	Third Antstha-Consonant
105	Fourth Antstha-Consonant
106	Transition to Ushmna-Consonants
107	First Ushmna-Consonant
108	Second Ushmna-Consonant
109	Third Ushmna-Consonant
110	Fourth Ushmna-Consonant
111	Transition to Yama Letters
112	Division of Yama Letters as of pair of Ranges of fourletters each
113	First and Second Yama Letter
114	Third Yama Letter
115	Fourth Yama Letter
116	Transition from first sub range to second sub range
117	First Yama letter of Second range
118	Second Yama letter of Second range
119	Third Yama letter of Second range
120	Fourth Yama letter of Second range

SECTION-3 INCARNATIONS LESSONS 121 TO 180

121.	Creations Format Range
122.	Impulses mathematics
123.	Incarnations within Creator's space
124.	Incarnations First Basic Feature Incarnations manifest within creators space
125.	Incarnations Second basic Feature Incarnations follow the transcendence path
126.	Incarnations Third basic feature
127.	Along hyper cube 6 format
128.	Along pursha format
129.	Third feature of Incarnations of 4-space Deities
130.	Third feature of Incarnations of 5-space Deities
131.	First Source Scriptures : Vishnu Puraan
132.	Second Source Scripture Adi Valmiki Ramayana
133.	Bhagwat MahaPuran
134.	Srimad Bhagwad Gita
135.	Trinity of God
136.	Mathematics Science & Technology of Human physiology
137.	Unity state Impulses
138.	4-space Incarnation value as impulses of intelligence field
139.	5-space incarnation value as impulses of consciousness field
140.	Six space incarnation values as impulses of life field
141.	Hyper cube-1
142.	Hyper cube-2
143.	Hyper cube-3
144.	Hyper cube-4
145.	Hyper cube-5
146.	Hyper cube-6
147.	Hyper cube-7

- 148. First version of hyper cube-4
- 149. Second version of hyper cube-4
- 150. Third version of hyper cube-4
- 151. Fourth version of hyper cube-4
- 152. Fifth version of hyper cube-4
- 153. Sixth version of hyper cube-4
- 154. Seventh version of hyper cube-4
- 155. Eighth version of hyper cube-4
- 156. Ninth version of hyper cube-4
- 157. First version of hyper cube-5
- 158. Second version of hyper cube-5
- 159. Third version of hyper cube-5
- 160. Fourth version of hyper cube-5
- 161. Fifth version of hyper cube-5
- 162. Sixth version of hyper cube-5
- 163. Seventh version of hyper cube-5
- 164. Eighth version of hyper cube-5
- 165. Ninth version of hyper cube-5
- 166. Tenth version of hyper cube-5
- 167. Eleventh version of hyper cube-5
- 168. First version of hyper cube-6
- 169. Second version of hyper cube-6
- 170. Third version of hyper cube-6
- 171. Fourth version of hyper cube-6
- 172. Fifth version of hyper cube-6
- 173. Sixth version of hyper cube-6
- 174. Seventh version of hyper cube-6
- 175. Eighth version of hyper cube-6
- 176. Ninth version of hyper cube-6
- 177. Tenth version of hyper cube-6
- 178. Eleventh version of hyper cube-6
- 179. Twelfth version of hyper cube-6
- 180. Thirteenth version of hyper cube-6

SECTION-4 APPLIED VALUES

LESSON 181 TO 240

First Year Fourth Quarter First Month

- 181 Pure and applied values Parallel ranges
- 182 Sankhya Nishta and Yoga Nishta
- 183 Measuring rod and measure
- 184 Hyper Cube-6 Format
- 185 Existence Phenomena within human frame
- 186 Transcending mind riding transcendental carriers
- 187 Transition from shad Chakras Format to Dash Chakras Format
- 188 '120' years Cycle

189	Artifice 16
190	Artifice 13
191	Artifice letter 'Va'
192	Artifice letter 'Ka'
193	Pure Values of Vedic knowledge
194	Parallel applied values of Vedic knowledge
195	Discipline of applied values
196	Sankhya Nishta avails artifice of numbers
197	Yoga Nishta avails Geometric formats
198	Sankhya Nishta presumes existence of geometric formats
199	Intellectual chase along geometric formats
200	Yoga Nishta presumes existence of artifices of numbers
201	Experiential chase availing artifice of numbers
202	Complementary and Supplementary features of Sankhya Nishtaand Yoga Nishta
203	Lord Vishnu as Presiding Deity of measuring rod
204	Measuring rod of hyper cube -6
205	Lord Brahma as Presiding Deity of measure
206	Measure of hyper cube-4 format
207	Measuring rod and measure as domain and dimension folds
208	Hyper cube-6 as domain
209	Hyper cube-6 as origin
210	Hyper cube-6 as dimension
211	Hyper cube-6 as boundary
212	Hyper cube-6 as self - referral base of transcendental worlds
213	Purusha format
214	Shad chakras format
215	Dash chakras format
216	Fields and States
217	Transcendental carriers
218	Transcending mind riding the transcendental carriers
219	Transcending transcendental worlds
220	Pilgrimage through self-referral domain
221	Pilgrimage through sapt-rish lok
222	Pilgrimage through asth prakarti
223	Transcendental phenomena of transformation of shad chakrasformat into dash chakras format
224	Transcendental state physiology
225	Chiseling of third eye

Second Year: Transcendental word (2007-08).
Download Links: ([2a](#) [2b](#) [2c](#) [2d](#) [2e](#))
Sri-Om Dwadash Varsh Gyan Yag
2006-2018
Second Year 2007-08
TRANSCENDENTAL WORLDS

CONTENTContents

1. Foreward
2. Preface

Section-1 Lessons 1 to 60

3. Earth to Sun Range
4. Study zone of Srimad Bhagwat Geeta
5. Six eternal circuits base of human body6.
7. New axis
8. Capital (letters) & Small letters
9. Single and double digits formats
10. Organisations formats of double digit numbers
11. Renewing feature of heaven sky line
12. Renewing bed
13. Through mind hole along time pole
14. Central stream
15. Trimonad central stream
16. Carriage bag-1
17. Carriage bag-2
18. Elements
19. Dream state and deep sleep state of consciousness
20. Glimpsis phenomenon of light cube.
21. Ascendence path of transcendental carriers
22. Rise and fall
23. Matter creator
24. Intelligence creation
25. Matter chase
26. Format seal
27. Ascendence path
28. Tree to sky
29. Zeros to nines
30. Sun tree to earth tree
31. Real end is of half life
32. Full life range
33. Chase cipher to zero along artifices 59 to 64

34. life discipline technology
35. Learn to reverse a mirror
36. First hyper origin
37. Be full
38. Think cosmic
39. Formulations chase dictionary
40. Self governance feature of self
41. Cube cave
42. Cave in cube
43. Dig out strip by strip
44. Sliced middle
45. I am the first letter
46. Starting point Bindu Sarovar $0+0*0; 2+2=2*2$
48. Rik, Yaju, Sama, Atherv
49. Dimensional order of 0-space
50. Transcendental carriers being of the imensional order of domain
51. Artifice 2 & 3
52. Letters Ri, and Lri
53. $\{(2, 3), (3,2)\}=\{2 (3, 3), 2\}$
54. Origins coordinated along sky line
55. sky line nucleus
56. Sealed body logic
57. Kapil muni 58. '1' as 4
59. Second step of consolidating black truth intelligence
60. Third consolidation step of black truth intelligence

Section-2 Lessons 61 to 120

61. Begining afresh at the middle
62. Starting again at the centre
63. Intiating at the origin
64. Reaching middle of the origin
65. Attaining centre of the origin
66. Tap (Penance)
67. Srimad Durga Sapt Shati
68. Srimad Durga Sapt Shati-1
69. Srimad Durga Sapt Shati-2
70. Srimad Durga Sapt Shati-3

71. Srimad Durga Sapt Shati-4
72. Srimad Durga Sapt Shati-5
73. Srimad Durga Sapt Shati-6
74. Srimad Durga Sapt Shati-7
75. Srimad Durga Sapt Shati-8
76. Srimad Durga Sapt Shati-9
77. Srimad Durga Sapt Shati-10
78. Srimad Durga Sapt Shati-11
79. Srimad Durga Sapt Shati-12
80. Srimad Durga Sapt Shati-13
81. Transcendental names 1-50
82. Transcendental names 51-100
83. Transcendental names 101-150
84. Transcendental names 151-200
85. Transcendental names 201-250
86. Transcendental names 251-300
87. Transcendental names 301-350
88. Transcendental names 351-400
89. Transcendental names 401-450
90. Transcendental names 451-500
91. Transcendental names 501-550
92. Transcendental names 551-600
93. Transcendental names 601-650
94. Transcendental names 661-700
95. Transcendental names 701-750
96. Transcendental names 751-800
97. Transcendental names 801-850
98. Transcendental names 851-900
99. Transcendental names 901-950
100. Transcendental names 951-1000
101. Self referral names 1-50
102. Self referral names 51-100
103. Self referral names 101-150
104. Self referral names 151-200
105. Self referral names 201-250
106. Self referral names 251-300
107. Self referral names 301-350
108. Self referral names 351-400
109. Self referral names 401-450
110. Self referral names 451-500

111. Self referral names 501-550
112. Self referral names 551-600
113. Self referral names 601-650
114. Self referral names 661-700
115. Self referral names 701-750
116. Self referral names 751-800
117. Self referral names 801-850
118. Self referral names 851-900
119. Self referral names 901-950
120. Self referral names 951-1000

Section-3 Lessons 121 to 180

121. Jh fo/kk Sri Vidya / Transcendental knowledge
122. i: "k fo/kk Pursha Vidya/ Life field format
123. xk; =h e= Gaytri mantra Transcendental path
124. _pk v{kj: ije 0;keu Richo Akshre Parme Vyoman
125. ;rhuk cgk Hkofr l{kjFk Yatinam Brahma Bhavati Sarathih
126. ioko loZ on"K Paranava Sarv- Vadeshu
127. vIk: "kh; Aporushiy Transcending Human Frame
128. v0;Drk voDrkr Avyaktao Avyaktat
129. icge Par-Braham
130. iFke xok% Pratham Gana
131. iFoh l; Earth-Sun
132. l; iFoh Sun Earth
133. (3,4, 5, 6) Cube, Hyper cubes 4, 5, 6
134. f=yldh f=efrTriloki trimurti
135. ldy fu"dy Sakal Nishkal
136. v0;Rifr 0;Rifr Avuutpati Vuutpati
137. Jh vke Å
138. Jh
139. Å
140. ioko%
141. Swastik frame
142. Bindu sarovar
143. Ardh matra
144. Tripundam
145. Swastik pada

146. Pushpika
147. Sama
148. Nad
149. Jyoti
150. Sole syllable
151. Om
152. Parnava
153. Aum
154. Omkar
155. Udgith
156. Vshtkar
157. Saptbhumi
158. Asht prakrati
159. Nav Braham
160. Par Braham
161. Teaching 5-space VMS & T
162. Along artifice 5
163. Along hyper cube 5
164. As solid order
165. As 5-space
166. 5-space as domain
167. 5-space as origin
168. 5-space as dimension
169. 5-space as transcendental worlds
170. As first aditya
171. As second aditya
172. As third adityah
173. As fourth aditya
174. As fifth aditya
175. As sixth aditya
176. As seventh aditya
177. As eighth aditya
178. As ninth aditya
179. As tenth aditya
180. As eleventh aditya

Section-4 Transcendental flow wihtin TrilokiLessons 181 to 240

181. Transcendental values
182. Transcendental seat of origin of creators space

183. Transcendental values flow within creators space
 184. Solid order super imposed upon spatial order
 185. Transcendence phenomenon
 186. Dimension of dimension
 187. Manifestation format for dimension of dimension
 188. Transcendental base of above manifestation format
 189. Self referral format of above transcendental base
 190. Dimension of dimension of dimension
 191. Triloki
 192. Solid order
 193. Transcendental values flow into Triloki
 194. Unity state
 195. Brahman range
 196. Par Braham
 197. Creative boundary of transcendental worlds
 198. Transcendental boundary of self referral domain
 199. Unity state envelops
 200. Asht Prakrati
 201. Asht Prakrati envelops
 202. Brahman domain
 203. Par Braham within brahman domain
 204. Boundary of boundary of creators space
 205. Boundary of boundary of transcendental worlds
 206. Boundary of boundary of self referral domain
 207. Boundary of boundary of sapt rishi lok
 208. Boundary of boundary of Asht Prakrati
 209. Boundary of boundary of Brahman domain
 210. Simultaneous external and interal progressions
 211. Compactification of origins
 212. Sequential range of manifested bodies
 213. Sathapatya measuring rod
 214. Transcendence range format
 215. Ascendence range format
 216. Transcendence and ascendence within creators space
 217. Measuring rod of creators space
 218. Measuring rod of transcendental worlds
 219. Measuring rod of self referral domain
 220. Unity state measuring rod
 221. Inner folds of transcendental worlds
 222. Transcending mind chase
- Being phase to phase with transcendental base

- 223. of existence phenomenon
- 224. of five basic elements
- 225. of sathul sharir
- 226. of suksham sharir
- 227. of karan sharir
- 228. of Turia state
- 229. of God state
- 230. of Unity state
- 231. of Asht Prakrati
- 232. of sensory domain
- 233. of Intelligence field
- 234. of consciousness domain
- 235. of Pursha format
- 236. of first geometry of 2-space
- 237. of second geometry of 2-space
- 238. of third geometry of 2-space
- 239. of fourth geometry of 2-space
- 240. of fifth geometry of 2-space

Appendix

PREFACE

This book lessons are the steps of second year (12-2-2007 to 11-2-2008) of twelve years gyan yajna (2006-2018).

SECTION -1 TRANSCENDENTAL WORLDLESSONS 1 TO 60

PART-1 TRANSCENDENTAL CARRIERS (LESSONS 1 TO 20)

INTRODUCTORY	LESSONS 1 TO 5
SKYLINE	LESSONS 6-10
RENEWINGFEATURE	LESSONS 11 TO 15
TRANSCENDENTALCARRIERS	LESSONS 16 TO 20

PART-2

ALONG ASCENDING PATHS(LESSONS 21 TO 40)

RISEANDFALL	LESSONS 21 TO 25
SAMAASCENDENCE	LESSONS 26 TO 30

FOLLOWFULLLIFE LESSONS 31 TO 35
SUN LOGIC BAG LESSONS 36 TO 40

PART-3

TRANSITION FROM OLD TO NEW(LESSONS 41 TO 60)

COSMIC CUBE CAVE TECHNOLOGY LESSON 41 TO 45 BINDU SAROVAR (POINT
RESERVOIR) LESSONS 46 TO 50
SIMULTANEOUSLY AVAILING ARTIFICES LESSONS 51 TO 55 SEALED BODY LOGIC LESSONS 56 TO
60

SECTION -2 SRIMAD DURGA SAPTSATI

LESSONS 61 TO 120

PART-1 (LESSONS 61 TO 80)

BEGINNING AFRESH LESSONS 61 TO 65
TAP(PENANCE) LESSONS 66 TO 70
(1, 2, 4, 5) LESSONS 71 TO 75
(1, 2, 4, 5) LESSONS 76 TO 80

PART-2

ONE THOUSAND TRANSCENDENTAL FORMULATION(LESSONS 81 TO 100)

PART-3

ONE THOUSAND SEL REFERRAL FORMULATION(LESSONS 101 TO 120)

SECTION -3

VEDA SYSTEMS COURSE LESSONS 121 TO 180

PART-1 SRI VIDYA

(LESSONS 121 TO 140)

PART-2

SWASTIK FRAME (vke lkoOk Ok"Vdkj) (LESSONS 141 TO 160)

PART-3

TEACHING OF VEDIC SYSTEMS(LESSONS 161 TO 180)

SECTION -4

TRANSCENDENTAL VALUES FLOW WITHIN TRILOKILESSONS 181 TO 240

PART-1 SEQUENTIAL BRACKETS

(LESSONS 181 TO 200)

PART-2

SUSHMANA NADI COORDINATES SHAD CHAKRAS(LESSONS 201 TO 220)

PART-3

RIDING TRANSCENDENTAL CARRIERS(LESSONS 221 TO 240)

**SECTION -1 TRANSCENDENTAL WORLDSLESSONS 1 TO
60**

PART-1 TRANSCENDENTAL CARRIERS(LESSONS 1 TO 20)

INTRODUCTORY	LESSONS 1 TO 5
SKYLINE	LESSONS 6-10
RENEWINGFEATURE	LESSONS 11 TO 15
TRANSCENDENTALCARRIERS	LESSONS 16 TO 20

PART-2

ALONG ASCENDING PATHS(LESSONS 21 TO 40)

RISEANDFALL	LESSONS 21 TO 25
SAMAASCENDENCE	LESSONS 26 TO 30
FOLLOWFULLLIFE	LESSONS 31 TO 35
SUN LOGIC BAG	LESSONS 36 TO 40

PART-3

TRANSITION FROM OLD TO NEW(LESSONS 41 TO 60)

COSMIC CUBE CAVE TECHNOLOGY RESERVOIR)	LESSON 41 TO 45 BINDU SAROVAR (POINT LESSONS 46 TO 50
SIMULTANEOUSLY AVAILING ARTIFICES	LESSONS 51 TO 55 SEALED BODY LOGIC LESSONS 56 TO 60

**SECTION -2 SRIMAD DURGA SAPTSATI
LESSONS 61 TO 120**

PART-1 (LESSONS 61 TO 80)

BEGINNING AFRESH	LESSONS 61 TO 65
TAP(PENANCE)	LESSONS 66 TO 70
(1, 2, 4, 5)	LESSONS 71 TO 75
(1, 2, 4, 5)	LESSONS 76 TO 80

PART-2

ONE THOUSAND TRANSCENDENTAL FORMULATION(LESSONS 81 TO 100)

PART-3

ONE THOUSAND SEL REFERRAL FORMULATION(LESSONS 101 TO 120)

SECTION -3

VEDA SYSTEMS COURSE LESSONS 121 TO 180

**PART-1 SRI VIDYA
(LESSONS 121 TO 140)**

PART-2

SWASTIK FRAME (वके ककक क"Vdkj) (LESSONS 141 TO 160)

Ancient wisdom settles dimensional frame for creators space, designated and known as Swastik frame.

2. Swastik frame helps chase the churning process at the origin of domains.

3. It is this chase of churning process at origin of domains with the help of swastik frame is a transcendental chase as ultimately in the process the transcendental values flow path stands determinant the way each domain is fulfilled with transcendental values.

4. These values manifest as Om formulation. Further these values as their inner folds are of the values and order of Parnava domain. With its internal flow path stand initiating leading to the values and order of AUM, OMKAR, UDGITH, VSHTKAR, SAPT BHUMI, ASHT PRAKRATI, NAV BRAHAM AND PAR BRAHAM

PART-3

TEACHING OF VEDIC SYSTEMS (LESSONS 161 TO 180)

1. Transcendental domains glimpsing is a process for whose initiation proper teaching of vedic systems may be of real help to the sadkhas. As such heavy responsibility lies upon senior sadkhas to attempt Vedic systems teaching courses.

SECTION -4

TRANSCENDENTAL VALUES FLOW WITHIN TRILOKILESSONS 181 TO 240

PART-1 SEQUENTIAL BRACKETS

(LESSONS 181 TO 200)

1. Anubandha
2. Maheshwara Sutras
3. NVF (NATURE) = NVF (BRACKETS)
4. ARTIFICES FLOW RANGES LIMITS
5. Dimensional spaces sequence
6. Measuring rod as synthetic set up of dimensional domains
7. Each dimensionoal domain is a complete manifestation layer
8. There is internal seal at origin of each domain.
9. Seal has its own logic to permit transcendence. There is parallel internal and external progressions
10. Each domain is framed externally and is sealed internally.

PART-2

SUSHMANA NADI COORDINATES SHAD CHAKRAS(LESSONS 201 TO 220)

1. Ancient wisdom enlightens and same can be experienced as that the human frame is coordinated.
2. This coordination is in terms of nervous system.
3. The nervous system has 101 prominent nervous, of which of more prominence is sushmana nadi.
4. Sushmana nadi coordinates the shad chakra format of human frame.

PART-3

RIDING TRANSCENDENTAL CARRIERS(LESSONS 221 TO 240)

1. Jeev along with senses takes of from the Braham Randra and ride the transcendental carriers of sun light.
The transcendental carriers transcend through the anubandha of ashtprakrati and take to the Brahman domain.

Third Year: Gyatri Mantra (2008- 9) Download Links: (3a 3b 3c)

Sri-Om Dwadash Varsh Gyan Yag

2006-2018

First Year 2008-09

GYATRI MANTRA

CONTENTS

1. Contents
2. Foreward
3. Preface

Section-1 Lessons 1 to 60

- 1 Gyatri mantra
- 2 Gyatri Mantra recitation
- 3 Primordial Sounds
- 4 Prime primordial sound

- 5 Om (Y) as first syllable of Gaytri virtues
- 6 Transition from Nad format to Jyoti format
- 7 Lord Brahma
- 8 4 space
- 9 Hyper cube 410 (2, 3, 4, 5) 11
(1, 2, 3, 4, 5)
- 12 Sole syllable Braham
- 13 Bindu Sarovar
- 14 Ardh Matra
- 15 Tripundum
- 16 Swastik Pada
- 17 mnxhFk
- 18 m
- 19 mn
- 20 xh
- 21 Fk
- 22 Y Hk%
- 23 Y
- 24 Y to Hk
- 25 Hk to Hk
- 26 Hk to Hk%
- 27 Lord Shiv
- 28 5 space
- 29 Hyper cube 5
- 30 Transcendental carriers
- 31 Inner folds of transcendental worlds
- 32 Transcendental worlds within creator space (4space)
- 33 rL; okpdk ioko% Thy synonym is parnava
- 34 Y Hk% scaling of sky within space
- 35 ioko% Hko% attainment formats
- 36 Hk% Hko% o"kv~dkj
- 37 Lord Vishnu
- 38 6 space
- 39 Hyper cube 6

- 40 o"Vdkj
- 41 Self referral state
- 42 Y Hk% Hko% Lo% / Rig Ved, Yajur Ved and Sam Ved
- 43 Y Hk% Hko% yajur Ved
- 44 Y Hk% Hko% Sam Ved
- 45 Y Hk% Akshras
- 46 Y Varnas (letters)
- 47 Self referral State (1, 2, 3,4, 5, 6)
- 48 Self renewing values of Golok
- 49 v Self referral state within creator space (4 space)
- 50 Y rL; okpdk vie
- 51 e Y Hk% Hko% scaling of Golok within sky
- 52 vie Lo%
- 53 Hk% Hko% Lo% Sapt Bhumi
- 54 Unity state
- 55 7 space
- 56 hyper cube 7
- 57 Pole star
- 58 Dharuv mantra
- 59 Y Hk% Hko% Lo% Rig Ved
- 60 Y Hk% Hko% Lo% Sam Ved

Section-2 Lessons 61 to 120

- 65 Gyatri mantra text
- 66 First syllable chase
- 67 Letter 'r'
- 68 Letter 'v'
- 69 Formulation 'rr'
- 70 Organization format of first syllable
- 71 Second syllable (ll)
- 72 Third syllable (fo)
- 73 Fourth syllable (rq)
- 74 Fifth, sixth and seventh syllable
- 75 Fifth syllable (o)
- 76 Sixth syllable (j)
- 77 Seventh syllable (o;)

- 78 Blissful exercise Second Pada of Gyatri mantra text (Hkxki nol; /kheghA)
- 79 Eighth syllable (Hk%)
- 80 Ninth syllable (xk)
- 81 Complete second pada
- 82 Final pada of the Gyatri mantra text
- 83 Unity state attainment
- 84 Trilokito Trimurti
- 85 Trimurti to Brahman privilege
- 86 Braham Vidya 88 (6, 7, 8, 9, 10)
- 89 (7, 8, 9, 10)
- 90 Jyoti flow path
- 91 Creative dimensional order
- 92 Anahat Nad to Braham Jyoti
- 93 Bindu Sarovar fulfilled with Triloki structures
- 94 Bindu Sarovar fulfilled with creative structures
- 95 Bindu Sarovar fulfilled with transcendental structures
- 96 Bindu Sarovar fulfilled with self referral structures
- 97 Eleventh Rudra Avtar (incarnation)
- 98 Asht Prakrati and Nav Braham
- 99 Unity state boundary of Asht Prakrati 100 (9, 8, 7, 6) orientation for (6, 7, 8, 9)
- 101 Riding transcendental carriers

Phase-2

Sequential steps of Gyatri mantra sadhana path

- 102 Gyatri mantra path of transcendental carriers
- 103 Step -1 Approach '2 as 1'
- 104 DAY'S SADHANA

- 105 Second day sadhana attainment features
- 106 Shift from 'r' to 'l'
- 107 Transition and transformation for spatial order
into solid order
- 108 'rr l r bfr fun'kk' Tat Sat Iti Nirdesha
- 109 Solid order source origin
- 110 Jump from linear order to solid order
- 111 Reflection pairs
- 112 Transition from syllable 'l' to syllable 'fo'
- 113 Structural processing ahead
- 114 'lfor'
- 115 'ojo;'
- 116 'o'
- 117 'o + v'
- 118 'j'
- 119 'o;'
- 120 To chase first pada in one go
- 121 Transition from first pada to the second pada122(1, 2, 3, 4, 5)
- 123 Manifestations surface on solid base
- 124 Transition from hyper cube 4 to hyper cube 5 within creator
space (4 space)
- 125 Second pada of Gyatri mantra text
- 126 Transcendental domains
- 127 Third pada of the Gyatri mantra text
- 128 One as Three
- 129 Braham Lok
- 130 Braham Vidya131 '4 to 9'

- 132 Brahma as Ten Brahmas
- 133 Shift from '4 to 9' to '5 to 9'
- 134 '9=4+5'
- 135 '6 to 9'
- 136 Sequential steps '4 to 9', '5 to 9', '6 to 9'
- 137 '3 to 9'
- 138 '2 to 9'
- 139 '1 to 9'
- 140 Triloki Chase within creator space (4 space)
- 141 Creator space (4 space) within creator space (4space)
- 142 Revisit the first pada of Gyatri mantra text
- 143 Transition from creator space (4 space) to transcendental worlds
- 144 Transcendental format of second pada text
- 145 Sapt Bhumi, Asht Sidhi and Nav Nidhi
- 146 Third pada of Gyatri mantra
- 147 Existence along Pursha format
- 148 Coordination through Shad Chakras of human frame
- 149 Take off at / from Brahm Randra
- 150 Let us go to the shelter of Goddess Gyatri
- 151 Self referral order / source
- 152 Chiseling of third eye
- 153 Space fulfilled with Air
- 154 Solid Space fulfilled with water
- 155 Water Space fulfilled with fire and fire space fulfilled with Air

- 156 Kaal (dky) Dharam (/ke) and Vidhata (fo/kkrk)
- 157 One shall again and again go to the shelter of Goddess Gayatri
- 158 Four fold Blissful exercises for the sadkhas
- 159 Beginning afresh starting with sole syllable Om 'Y'
- 160 Remaining 81 steps
- 161 Bindu Sarovar to Ardh Matra
- 162 Ardh Matra To Tripundum
- 163 Tripundum to Swastik pada
- 164 First letter (Hk) of first Vahoviriti (Hk%)
- 165 Second letter (Å) of first Vahoviriti (Hk%)
- 166 Third letter (%) of first Vahoviriti (Hk%)
- 167 First letter (Hk) of Second Vahoviriti (Hko%)
- 168 Second letter (v) of Second Vahoviriti (Hko%)
- 169 Third letter (o~) of Second Vahoviriti (Hko%)
- 170 Fourth letter (v) of Second Vahoviriti (Hko%)
- 171 Fifth letter (%) of Second Vahoviriti (Hko%)
- 172 First letter (I) of Third Vahoviriti (Lo%)
- 173 Second letter (o~) of Third Vahoviriti (Lo%)
- 174 Third letter (v) of Third Vahoviriti (Lo%)
- 175 Fourth letter (%) of Third Vahoviriti (Lo%)
- 176 First progression Step 'r'
- First Pada first formulation first progression step
- 177 Second progression step 'v'
- First Pada first formulation second progression step
- 178 Third progression step 'r'

First Pada first formulation third progression step

179 Fourth progression step 'l'

First Pada Second formulation First progression step

180 Fifth progression step 'v'

First Pada Second formulation Second

progression step

181 Sixth progression step 'o'

First Pada Second formulation Third progression

step

182 Seventh progression step 'b'

First Pada Second formulation fourth progression

step

183 Eighth progression step 'r'

First Pada Second formulation Fifth progression

step

184 Ninth progression step 'm'

First Pada Second formulation Sixth progression

step

185 Tenth progression step '?'

First Pada Second formulation Seventh

progression step

186 Eleventh progression step 'o'

First Pada Third formulation First progression

Step

187 Twelfth progression step 'v'

First Pada Third formulation Second progression

Step

- 188 Thirtieth progression step 'j'
 First Pada Third formulation Third progression
 Step
- 189 Fourteenth progression step 'i'
 First Pada Third formulation Fourth progression
 Step
- 190 Fifteenth progression step 'o'
 First Pada Third formulation Fifth progression
 Step
- 191 Sixteenth progression step 'u'
 First Pada Third formulation Sixth progression
 Step
- 192 Seventeenth progression step 'v'
 First Pada Third formulation Seventh progression
 Step
- 193 Eighteenth progression step 'e'
 First Pada Third formulation Eighth progression
 Step
- 194 Nineteenth progression step 'Hk'
 Second Pada First Formulation First progression
 step
- 195 Twentieth progression step 'V'
 Second Pada First Formulation Second
 progression step
- 196 Twenty first progression step 'x'
 Second Pada First Formulation Third progression
 step
- 197 Twenty second progression step 'i'

Second Pada First Formulation Fourth progression step

198 Twenty third progression step 'v'

Second Pada First Formulation Fifth progression
step

199 Twenty fourth progression step 'n'

Second Pada Second formulation first progression
step

200 Twenty fifth progression step '7'

Second Pada Second formulation second
progression step

201 Twenty sixth progression step 'o' Second Pada Second
formulation third progression step

202 Twenty seventh progression step 'v' Second Pada
Second formulation fourth progression step

203 Twenty eighth progression step 'I' Second Pada Second
formulation fifth progression step

204 Twenty ninth progression step ';' Second Pada Second
formulation sixth progression step

205 Thirtieth progression step 'v'

Second Pada Second formulation seventh
progression step

206 Thirty first progression step '/k'

Second Pada Third formulation first progression step

207 Thirty second progression step 'b'

Second Pada Third formulation second

progression step

208 Thirty third progression step 'e'

Second Pada Third formulation third progression

step

**209 Thirty four progression step 'v' Second Pada Third
formulation fourth progression step**

210 Thirty five progression step 'g'

Second Pada Third formulation fifth progression

step

211 Thirty six progression step 'b'

Second Pada Third formulation sixth progression

step

212 Thirty seventh progression step 'k'

Third Pada First formulation first progression step

213 Thirty eighth progression step 'b'

Third Pada First formulation second progression

step

214 Thirty ninth progression step ';''

Third Pada First formulation third progression

step

215 Fortieth progression step 'vk'

Third Pada First formulation fourth progression

step

- 216 Forty first progression step ‘;’
Third Pada Second formulation first progression
step
- 217 Forty second progression step ‘ṿk’ Third Pada Second
formulation second progression step
- 218 Forty third progression step ‘e’
Third Pada Third formulation first progression
step
- 219 Forty four progression step ‘v’
Third Pada Third formulation second progression
step
- 220 Forty five progression step ‘%’
Third Pada Third formulation third progression
step
- 221 Forty six progression step ‘i’
Third Pada Fourth formulation first progression
step
- 222 Forty seven progression step ‘’ Third Pada Fourth
formulation second progression step
- 223 Forty eighth progression step ‘v’
Third Pada Fourth formulation third progression
step
- 224 Forty ninth progression step ‘p’
Third Pada Fourth formulation fourth progression
step
- 225 Fiftieth progression step ‘ṿk’
Third Pada Fourth formulation fifth progression step
- 226 Fifty one progression step ‘n’
Third Pada Fourth formulation sixth progression
step
- 227 Fifty second progression step ‘v’ Third Pada Fourth
formulation seventh progression step
- 228 Fifty third progression step ‘;’
Third Pada Fourth formulation eighth progression

step

229 Fifty four progression step 'v^k'

Third Pada Fourth formulation ninth progression

step

230 Fifty five progression step 'r'

Third Pada Fourth formulation tenth progression

step

231 First Brahma

232 Second Brahma

233 Third Brahma

234 Fourth Brahma

235 Fifth Brahma

236 Sixth Brahma

237 Seventh Brahma

238 Eighth Brahma

239 Ninth Brahma

240 Tenth Brahma

Fourth Year: Devnagri alphabet (2009-10) Download Links: ([4a](#) [4b](#) [4c](#) [4d](#) [4e](#))

**Sri-Om Dwadash Varsh Gyan Yag
2006-2018
Fourth Year 2009-10**

DevnagriAlphabetदेवनागरी
वर्णमालाद्ध

Dr. S. K. Kapoor

CONTENTS

1. Contents
2. Foreward
3. Preface

Section-1 Lessons 1 to 60

1. Om Source reservoir-1
2. Om Source reservoir-2
3. Om Source reservoir-3
4. Om Source reservoir-4
5. Om Source reservoir-5
6. First Vowel
7. '1'
8. 1 space
9. Interval
10. linear order
11. Second Vowel12. '2'
13. 2 space
14. Square
15. Spatial order
16. Third Vowel
17. '3'
18. 3 space
19. Cube
20. Solid order
21. Fourth Vowel22. '4'
23. 4 space
24. Hyper cube 4
25. Creative order
26. Fifth Vowel
27. '5'
28. 5 space
29. Hyper cube 5

30. Transcendental order
31. Sixth Vowel
32. '6'
33. 6 space
34. Hyper cube 6
35. Self referral order
36. Seventh Vowel37. '7'
38. 7 space
39. Unity State
40. Unity order
41. Eighth Vowel42. '8'
43. Asht Prkrati
44. Jad Prakrati
45. Chetan Prakrati
46. Ninth Vowel
47. '9'
48. Nav Braham
49. Braham
50. Par Braham
51. Ka-varga first letter-1
52. Ka-varga first letter-2
53. Ka-varga first letter-3
54. Ka-varga first letter-4
55. Ka-varga first letter-5
56. Ka-varga second letter-1
57. Ka-varga second letter-2
58. Ka-varga second letter-3
59. Ka-varga second letter-4
60. Ka-varga second letter-5

Section-2 Lessons 61 to 120

61. Ka-varga third letter-1
62. Ka-varga third letter-2
63. Ka-varga third letter-3
64. Ka-varga third letter-4
65. Ka-varga third letter-5
66. Ka-varga fourth letter-1
67. Ka-varga fourth letter-2
68. Ka-varga fourth letter-3
69. Ka-varga fourth letter-4
70. Ka-varga fourth letter-5
71. Ka-varga fifth letter-1
72. Ka-varga fifth letter-2
73. Ka-varga fifth letter-3
74. Ka-varga fifth letter-4
75. Ka-varga fifth letter-5
76. Cha-varga first letter-1
77. Cha-varga first letter-2
78. Cha-varga first letter-3
79. Cha-varga first letter-4
80. Cha-varga first letter-5
81. Cha-varga second letter-1
82. Cha-varga second letter-2
83. Cha-varga second letter-3
84. Cha-varga second letter-4
85. Cha-varga second letter-5
86. Cha-varga third letter-1
87. Cha-varga third letter-2
88. Cha-varga third letter-3
89. Cha-varga third letter-4
90. Cha-varga third letter-5
91. Cha-varga fourth letter-1
92. Cha-varga fourth letter-2

93. Cha-varga fourth letter-3
94. Cha-varga fourth letter-4
95. Cha-varga fourth letter-5
96. Cha-varga fifth letter-1
97. Cha-varga fifth letter-2
98. Cha-varga fifth letter-3
99. Cha-varga fifth letter-4
100. Cha-varga fifth letter-5
101. Ta-varga first letter-1
102. Ta-varga first letter-2
103. Ta-varga first letter-3
104. Ta-varga first letter-4
105. Ta-varga first letter-5
106. Ta-varga second letter-1
107. Ta-varga second letter-2
108. Ta-varga second letter-3
109. Ta-varga second letter-4
110. Ta-varga second letter-5
111. Ta-varga third letter-1
112. Ta-varga third letter-2
113. Ta-varga third letter-3
114. Ta-varga third letter-4
115. Ta-varga third letter-5
116. Ta-varga fourth letter-1
117. Ta-varga fourth letter-2
118. Ta-varga fourth letter-3
119. Ta-varga fourth letter-4
120. Ta-varga fourth letter-5

Section-3 Lessons 121 to 180

121. Ta-varga fifth letter-1
122. Ta-varga fifth letter-2
123. Ta-varga fifth letter-3

124. Ta-varga fifth letter-4
125. Ta-varga fifth letter-5
126. ta-varga first letter-1
127. ta-varga first letter-2
128. ta-varga first letter-3

129. ta-varga first letter-4
130. ta-varga first letter-5
131. ta-varga second letter-1
132. ta-varga second letter-2
133. ta-varga second letter-3
134. ta-varga second letter-4
135. ta-varga second letter-5
136. ta-varga third letter-1
137. ta-varga third letter-2
138. ta-varga third letter-3
139. ta-varga third letter-4
140. ta-varga third letter-5
141. ta-varga fourth letter-1
142. ta-varga fourth letter-2
143. ta-varga fourth letter-3
144. ta-varga fourth letter-4
145. ta-varga fourth letter-5
146. ta-varga fifth letter-1
147. ta-varga fifth letter-2
148. ta-varga fifth letter-3
149. ta-varga fifth letter-4
150. ta-varga fifth letter-5
151. pa-varga first letter-1
152. pa-varga first letter-2
153. pa-varga first letter-3
154. pa-varga first letter-4
155. pa-varga first letter-5
156. pa-varga second letter-1
157. pa-varga second letter-2

158. pa-varga second letter-3
159. pa-varga second letter-4
160. pa-varga second letter-5
161. pa-varga third letter-1
162. pa-varga third letter-2
163. pa-varga third letter-3
164. pa-varga third letter-4
165. pa-varga third letter-5
166. pa-varga fourth letter-1
167. pa-varga fourth letter-2
168. pa-varga fourth letter-3
169. pa-varga fourth letter-4
170. pa-varga fourth letter-5
171. pa-varga fifth letter-1
172. pa-varga fifth letter-2
173. pa-varga fifth letter-3
174. pa-varga fifth letter-4
175. pa-varga fifth letter-5
176. first anstha-1
177. first anstha-2
178. first anstha-3
179. first anstha-4
180. first anstha-5

Section-4 Lessons 181 to 240

181. second anstha-1
182. second anstha-2
183. second anstha-3
184. second anstha-4
185. second anstha-5
186. third anstha-1
187. third anstha-2
188. third anstha-3
189. third anstha-4

190. third anstha-5
191. fourth anstha-1
192. fourth anstha-2
193. fourth anstha-3
194. fourth anstha-4
195. fourth anstha-5
196. first ushmana-1
197. first ushmana-2
198. first ushmana-3
199. first ushmana-4
200. first ushmana-5
201. second ushmana-1
202. second ushmana-2
203. second ushmana-3
204. second ushmana-4
205. second ushmana-5
206. third ushmana-1
207. third ushmana-2
208. third ushmana-3
209. third ushmana-4
210. third ushmana-5
211. fourth ushmana-1
212. fourth ushmana-2
213. fourth ushmana-3
214. fourth ushmana-4
215. fourth ushmana-5
216. first yama-1
217. first yama-2
218. first yama-3
219. first yama-4
220. first yama-5
221. second yama-1
222. second yama-2
223. second yama-3

- 224. second yama-4
- 225. second yama-5
- 226. third yama-1
- 227. third yama-2
- 228. third yama-3
- 229. third yama-4
- 230. third yama-5
- 231. fourth yama-1
- 232. fourth yama-2
- 233. fourth yama-3
- 234. fourth yama-4
- 235. fourth yama-5
- 236. fifth yama-1
- 237. fifth yama-2
- 238. fifth yama-3
- 239. fifth yama-4
- 240. fifth yama-5
- 241. sixth yama-1
- 242. sixth yama-2
- 243. sixth yama-3
- 244. sixth yama-4
- 245. sixth yama-5
- 246. seventh yama-1
- 247. seventh yama-2
- 248. seventh yama-3
- 249. seventh yama-4
- 250. seventh yama-5
- 251. eighth yama-1
- 252. eighth yama-2
- 253. eighth yama-3
- 254. eighth yama-4
- 255. eighth yama-5
- 256. Parnava Attainment state-1
- 257. Parnava Attainment state-2

- 258. Parnava Attainment state-3
- 259 Parnava Attainment state-4
- 260. Parnava Attainment state-5

Appendix

PREFACE

This book lessons are the steps of fourth year (12-2-2009 to 11-2-2010) of twelve years gyan yajna (2006-2018).

Fifth Year: Sunlight basis of knowledge (2010-11) Download Links: ([5a](#) [5b](#) [5c](#) [5d](#) [5e](#))

Sri-Om Dwadash Varsh Gyan Yag

2006-2018

Fifth Year 2010-11

Sunlight Basis of Knowledge

(ज्ञान का सत्य रश्मिया का आधार)

Dr. S. K. Kapoor

CONTENTS

1. Contents
2. Foreward
3. Preface

Section-1 Lessons 1 to 60

1. Dhruv Bhagat
2. On the path of Sadhna
3. Twelve syllables transcendental path
4. Eternal Attainment
5. Pole Star
6. (ॐ ke uek% Hkxors okLnok;%) Om Namoh Bhagwate Vasudevaeye
7. (ॐ ke) Om
8. (Y uek%) Om Namoh
9. (ॐ ke uek% Hkxors) Om Namoh Bhagwate
10. (ॐ ke uek% Hkxors okLnok;%) Om Namoh Bhagwate Vasudevaeye
11. Transcendental boundary
12. noknL vfnrh;- Dwadash Adityas
13. 5 space within 4 space
14. 6 space within 5 space
15. 7 space within 6 space
16. Pole star as origin of solar universe
17. 7 space as origin of 6 space
18. Manifestation layer (4, 5, 6, 7)
19. Transcendental range (3, 4, 5, 6, 7)
20. (Self referral state (2, 3, 4, 5, 6, 7)
21. Shabad Braham
22. Anahat Nat
23. Life Breath
24. Nad
25. Air element
26. Anahat Nad
27. Shiv Lok

28	Jyoti
29	Vishnu lok
30	Sole syllable Om
31.	Om
32.	Pranava
33.	Aum
34	Omkar
35	Udegit
36	Braham Jyoti
37	Divya Jyoti
38	Jyoti
39	Triloki
40	Parkash
41	Pursha format
42	Purshotam
43	Golok
44	Sun rays
45	Living Being
46	Purshotam
47	Lord Vishnu
48	Self referral state
49	Surya Lok
50	Manifestation layer (3, 4, 5, 6, 7, 8, 9)
51	Golok
52	Orb of Sun
53	Origin of Sun
54	Transcendence range (5, 6, 7, 8, 9)
55	Self referral range (4, 5, 6, 7, 8, 9)
56	Sun rays
57	Manifestation layer (5, 6, 7, 8)58
58	Values range (40, 48, 56, 64)59
59	Virtues (40, 48, 56, 64, 72) 60 (40, 48, 56, 64, 72, 80)

Section-2 Lessons 61 to 120

- 61** Sun Light Mediation
- 62** Value 40
- 63** Value 48
- 64** Value 56
- 65** Value 64
- 66** Virtue 40
- 67** Virtue 48
- 68** Virtue 56
- 69** Virtue 64
- 70** Virtue 72
- 71** Range steps (45)
- 72** Range steps (50)
- 73** Range steps (55)
- 74** Range steps (60)
- 75** Range steps (65)
- 76** Divya Ganga Flow
- 77** **nine** Streams
- 78** seven streams
- 79** three streams
- 80** single stream
- 81** Sun Light Sphere
- 82** Half Sphere
- 83** Rainbow
- 84** eye balls
- 85** Entity to half
- 86** Cosmic sphere
- 87** Sky within space
- 88** Solid order within spatial order
- 89** 5 space within 4 space
- 90** Shiv Lingam
- 91** Sky
- 92** 5 space

- 93 sky line through origin of 5 space
- 94 Upper half of 5 space
- 95 Lower half of 5 space
- 96 Orb of Sun
- 97 Eye balls
- 98 Self referral state
- 99 Life death cycles
- 100 Gateway to Brahman domain
- 101 Triloki
- 102 Cube cave
- 103 Pair of three dimensional frames of half dimensions
- 104 $1 \times 3 \times 5$
- 105 $2 \times 4 \times 6$
- 106 NVR (Being)=37
- 107 Trishapta
- 108 Seven geometries of 3 space
- 109 NVF (seal)=37
- 110 NVF (Living Being)=NVF (Discipline)
- 111 NVF (NATURE)=NVF (BRACKETS)
- 112 Whole number 6 is a perfect number
- 113 Whole number 28 is a perfect number
- 114 (-1) space plays the role of dimension of 1 space
- 115 Hyper circles 8 onwards decrees
- 116 Transcendence phenomenon
- 117 Transcendental carriers
- 118 2^3 and 3^2
- 119 Creators space
- 120 Transcendental worlds

Section-3 Lessons 121 to 180

- 121 (37, 73)
- 122 (46, 64)
- 123 (40, 40)

124	(35, 35)
125	(44, 44)
126	Earth
127	Water
128	Fire
129	Air
130	Space
131	Manifestation layer (5, 6, 7, 8)
132	5 space,
133	6 space,
134	7 space,
135	8 space
136	5 space to 6 space
137	6 space to 7 space
138	7 space to 8 space
139	8 space to 9 space
140	Ahead and ahead
141	First solid dimension
142	Pair of solid dimensions
143	triple solid dimensions
144	quadruple solid dimensions
145	penta solid dimensions
146	Origin as five space seat
147	Solid origin of first spatial dimension
148	Solid origin of second spatial dimension
149	Solid origin of third spatial dimension
150	Solid origin of fourth spatial dimension
151	Senses domain to intelligence domain
152	Intelligence domain to consciousness domain
153	Conscious domain to unity state
154	Unity state to natures domain
155	Natures domain to Brahman domain
156	Transcendental boundary of 12 components
157	Five transcendental folds of transcendental worlds

- 158** Seven transcendental components manifesting as seven transcendental dimensions
- 159** The inner folds transcending through the origin of Sun
- 160** Seven transcendental axes constituting dimensional frame of pole star
- 161** Trimurti
- 162** Lord Brahma
- 163** Lord Shiv
- 164** Lord Vishnu
- 165** Unity state (4, 5, 6, 7)
- 166** Creator the supreme
- 167** 4 space as dimension
- 168** 4 space as boundary
- 169** 4 space as domain
- 170** 4 space as origin
- 171** 5 space as dimension
- 172** 5 space as boundary
- 173** 5 space as domain
- 174** 5 space as origin
- 175** 5 space as base of origin
- 176** Sun
- 177** sustaining transcendental worlds
- 178** Creating unity state
- 179** Of the order of nature
- 180** Leading to Brahman domain

Section-4 Lessons 181 to 240

- 181** Sun Light Basis of Knowledge
- 182** To install Shivlingam in mystic symbol
- 183** Transit from Shad Chakra format to Dash Chakra format
- 184** Transit from Transcendental boundary to Dwadash Adityas

- 185** Chase NVF (LIVING BEING)=NVF (DISCIPLINE)
- 186** Transcendental State of consciousness
- 187** Transcend Creator space to Transcendental worlds
- 188** Transit intelligence domain to consciousness domain
- 189** Transcend from manifestation layers to transcendental ranges
- 190** Transcend 5 x 5 matrix format
- 191** Self referral State of consciousness
- 192** Transcend 5 space to 6 space
- 193** Transit consciousness domain to self referral domain
- 194** Transcend Transcendental range to self referral path Day
- 195** Transcend 6 x 6 matrix format 196 to Unity State of consciousness 200
- 197** Introductory
- 198** VM & ST Discipline
- 199** Vedic mathematics vision
- 200** Vedic sciences value
- 201** Vedic technology virtue
- 202** Introductory
- 203** VM & ST runs parallel to Existence phenomenon
- 204** Vedic mathematics Vision run parallel to Existence phenomenon
- 205** Vedic technology Values run parallel to Existence phenomenon
- 206** Vedic Sciences Vision run parallel to Existence phenomenon
- 207** Introductory
- 208** VM & ST follows Jeev Atma
- 209** VM Mathematic Vision grasps Jeev Atma
- 210** Vedic Sciences values grasps Jeev Atma

- 211 Vedic Technology grasps Jeev Atma
- 212 Introductory
- 213 VM & ST Brahman domain
- 214 Vedic Mathematics Vision aspires Brahman domain
- 215 Vedic Sciences values aspires Brahman domain
- 216 Vedic Technology aspires Brahman domain
- 217 Living Beings
- 218 Self
- 219 Soul
- 220 Jeev and Braham
- 221 Braham
- 222 Jeev Atma (tho व॑र॒क) / Living Being
- 223 Transmigration of soul
- 224 Birth Rebirth cycles
- 225 Liberation
- 226 Braham State
- 227 Braham**
- 228 Brahma
- 229 Brahman
- 230 Brahmman
- 231 Par-Braham
- 232 Par-Braham Beginning to end and all in between
- 233. Beginning to end and beyond
- 234. Unity state of consciousness
- 235. Unity state of knowledge
- 236. **Unity state of existence phenomenon**

Appendix

PREFACE

This book lessons are the steps of fourth year (12-2-2009 to 11-2-2010) of twelve years gyan yajna (2006-2018).

Sixth Year: Jeev Atma (2011-12) Download Links: ([6a](#) [6b](#) [6c](#) [6d](#) [6e](#))

Sri-Om Dwadash Varsh Gyan Yag

2006-2018

Sixth Year 2011-12

Jeev Atma

(जीव आत्मा)

Dr. S. K. Kapoor

CONTENTS

1. Contents
2. Foreward
3. Preface

First quarter Existence phenomenon

First Month Transcendental state
 First Week: Transcendental state

- 1 Existence phenomenon
- 2 Five basic elements
- 3 Sun to Earth range
- 4 Shad charka format
- 5 Transcendental state

 Second week: Five basic elements

- 6 First basic element
- 7 second basic element
- 8 Third basic element
- 9 Fourth basic element
- 10 Fifth basic element

 Third week: Sun to Earth range

- 11 Sun to earth range
- 12 Pole star to Water range
- 13 Asht Prakrati to Fire range
- 14 Nav Braham to Air range
- 15 Par Braham to space range

 Fourth week: Transcendental carriers

- 16 Transcendental carriers-1
- 17 Transcendental carriers-2
- 18 Transcendental carriers-3
- 19 Transcendental carriers-4
- 20 Transcendental carriers-5

Second month Self Referral state 2-3-2011 to 1-4-2011 First week: Self Referral state

- 21 Self referral state-1
- 22 Self referral state-2
- 23 Self referral state-3
- 24 Self referral state-4
- 25 Self referral state-5

Second week: Shad Chakras format

- 26 First chakra format to second chakra format
- 27 Second chakra format to Third chakra format
- 28 Third chakra format to Fourth chakra format
- 29 Fourth chakra format to Fifth chakra format
- 30 Fifth chakra format to Sixth chakra format

Third week: Braham Randra to Orb of Sun

- 31 (6 space) as origin
- 32 Along transcendental carriers of sun light
- 33 With pole star as origin
- 34 Birth re-birth cycle
- 35 Liberation from birth-rebirth cycle

Fourth week : Cavity of Heart to orb of Sun

- 36 Cavity of heart
- 37 As a seat of transcendental lord with self referral base
- 38 Pole star as origin of base
- 39 Jad Prakrati
- 40 Chetan Prakrati

Third month Unity state

First week: Unity state

- 41 Seventh state of consciousness
- 42 Along seven streams flow

- 43 Jyotirmadhey Triloki manorama
- 44 Unity of existence phenomenon
- 45 Pulse beats to impulses of Bliss

Second week: (1, 2, 3, 4, 5, 6, 7)

- 46 (0, 1, 2, 3)
- 47 (1, 2, 3, 4)
- 48 (2, 3, 4, 5)
- 49 (3, 4, 5, 6)
- 50 (4, 5, 6, 7)

Third week: Divya Ganga flow (9, 7, 3, 1) and (11, 9, 5, 3)

- 51 (9, 7, 3, 1)
- 52 (13, 11, 5, 3)
- 53 (17, 15, 7, 5)
- 54 (21, 19, 9, 7)
- 55 (25, 23, 11, 9)

Fourth week Pole star

- 56 Pole star as origin of solar universe
- 57 7-space as origin of 6-space
- 58 Dharuv mantra
- 59 Dwadash Adityas
- 60 Unity state of existence phenomenon

Section-2 Jeev Atma First month jeev Atma

First week : Jeev / human beings

- 61 Jeev
- 62 Human beings
- 63 Human frame
- 64 Water : one seed
- 65 Light : End seed

Second week Human being / pursha format

66 Pursha format

67 Creative dimension

68 Spatial order

69 Black Fire

70 Earth phase

Third week Pursha format and Purshotam

71 Purshotam

72 Self referral dimension

73 End one seed

74 space End

75 Artifices

Fourth week: JeevAtma

76 Being

77 Self

78 Soul

79 Nav Braham

80 Par Braham

Second month Self

First week Self as Anthakaran

81 Anthakaran

82 Manas

83 Budhi

84 Chit

85 ahamkar

Second week Self as Prarabdh karmas

86 de

87 de

- 88 dje
- 89 $\underline{=}j + b$
- 90 $y' = y + j + b$

Third week self as Kriyaman karmas

- 91 $\underline{=}j + b$
- 92 seed formation
- 93 Human frame manifestation
- 94 Shad chakra format
- 95 Dash Chakra format

Fourth week Self

- 96 $j + vk$
- 97 $j + v + m$
- 98 $j + b$
- 99 $y + j + b$
- 100 $jf'e$

Third Month soul

First week Soul as Braham

- 101 Soul
- 102 First quarter
- 103 Second quarter
- 104 Third quarter
- 105 Fourth quarter

Second week Soul as self

- 106 First spatial dimension
- 107 Second spatial dimension
- 108 Third spatial dimension
- 109 Fourth spatial dimension
- 110 Soul as self

Third week Soul as Jeev

- 111 Origin of first spatial dimension
- 112 Origin of second spatial dimension
- 113 Origin of third spatial dimension
- 114 Origin of fourth spatial dimension
- 115 Soul as Jeev

Fourth week Soul

- 116 Braham as atman
- 117 First pada of Braham and first quarter of atman
- 118 Second pada of Braham and first quarter of atman
- 119 Third pada of Braham and first quarter of atman
- 120 Fourth pada of Braham and first quarter of atman

Section-3 Braham

First month living being

First Week Living being

- 121 'Living being'
- 122 Transcendental sphere
- 123 Creator Space as first lever of Lock and key of Living Being
- 124 Transcendental space as second lever of Lock and key of Living Being
- 125 Self referral space as third lever of Lock and key of Living Being

Second Week Five Basic element

- 126 Five Basic elements
- 127 Second Basic element
- 128 Third Basic element
- 129 Fourth Basic element
- 130 Fifth Basic element

Third Week 26 elements range 131 (5, 6, 7, 8)

- 132 Twenty six primes range
- 133 Twenty six structural components of cube envelope
- 134 Twenty six elements of Vishnu lok
- 135 Twenty eight elements of Unity state

Fourth Week Along Transcendental carriers within rays of the Sun

- 136 Along first dimension
- 137 Along second dimension
- 138 Along third dimension
- 139 Along fourth dimension
- 140 Along fifth dimension

second month transcendental sphere

First Week Transcendental sphere

- 141 Transcendental sphere-1
- 142 Transcendental sphere-2
- 143 Transcendental sphere-3
- 144 Transcendental sphere-4
- 145 Transcendental sphere-5

Second Week Within Creators space

- 146 Within Creators space-1
- 147 Within Creators space-2
- 148 Within Creators space-3
- 149 Within Creators space-4
- 150 Within Creators space-5

Third Week As transcendental carriers

- 151 Within Creators space-1
- 152 Within Creators space-2
- 153 Within Creators space-3

154 Within Creators space-4

155 Within Creators space-5

Fourth Week Along transcendental boundary

156 Along transcendental boundary-1

157 Along transcendental boundary-2

158 Along transcendental boundary-3

159 Along transcendental boundary-4

160 Along transcendental boundary-5

Third month Trimurti

First Week Trimurti

161 Trimurti (f=e fr)

162 Triloki to Trimurti

163 From Trimurti to Triloki

164 Trishapata (f='ki rk)

165 Unity state of existence phenomenon

Second Week Creator the Supreme

166 Creator the Supreme

167 Hyper cubes and hyper spheres

168 Half unit as working unit

169 Cube as dimension fold (1, 2, 3, 4)

170 Sphere as of manifestation format as well as of transcendental format.

Third Week Lord of Transcendental worlds

171 Lord Shiv, Lord of transcendental worlds (5-space /

C)

172 Transcendental sphere at the seat of origin

173 Transformation role of Lord Shiv

174 Going the transcendental way

175 Twelve syllables mantra

Fourth Week Lords of Existence phenomenon

- 176 Existence phenomenon-1
- 177 Existence phenomenon-2
- 178 Existence phenomenon-3
- 179 Existence phenomenon-4
- 180 Existence phenomenon-5

Section-4 Par Braham

Pursha and Purshotam 2-11-2011 to 1-12-2011

First week Shad Chakra format to dash chakra format

- 181 Shad Chakra format to dash chakra format
- 182 Meditate the Brahma way
- 183 Take off from Brahma Randra
- 184 Creative boundary of transcendental worlds
- 185 Pulse to impulse

Second week $6=0+1+2+3$ to $10=1+2+3+4$

- 186 $6=0+1+2+3$ to $10=1+2+3+4$
- 187 Spatial boundary to creative boundary
- 188 Spatial domain to solid domain
- 189 six half dimensions to ten directions
- 190 Sun fulfills ten mandals

Third week First perfect number (6) to second perfect number (28)

- 191 First perfect number (6) to second perfect number(28)
- 192 (3,5)
- 193 (27,28)
- 194 Moon as Nakshtra
- 195 Step beyond half

Fourth week Sushukti state to Turia state

- 196 Sushukti state to Turia state
- 197 Casual body to source values format
- 198 Transcendental worlds to self referral state
- 199 Transcendental carriers to self sustaining virtues
- 200 Pursha to Purshotam

Second Month Braham and Par Braham

First Week Triloki and Trimurti

- 201 Triloki and Trimurti
- 202 Vishwa to Brahma
- 203 Brahma to Shiv
- 204 Shiv to Vishnu
- 205 Vishnu to Durga

Second Week Trimurti and Unity state

- 206 Trimurti and unity state
- 207 Vishwa and unity state
- 208 Brahma and unity state
- 209 Shiv and unity state
- 210 Vishnu and unity state

Third Week Unity state and Asht Prakrati

- 211 Unity state and Asht Prakrati
- 212 Pole star and Jad Prakrati
- 213 Jad Prakrati and Chetan prakrati
- 214 Anthkaran
- 215 Self riding the transcendental carriers of Sun rays

Fourth Week Braham and Par braham

- 216 Braham and Par braham
- 217 Along Braham as Brahma
- 218 Along Braham as Brahma
- 219 Along Braham as Brahaman
- 220 Along Brahaman scriptures

Third Month Par Braham 2-1-2012 to 1-2-2012

First Week Paravidya

- 221 Neti Neti
- 222 Nad (sound) to Anahat Nad (eternal sound format)
- 223 Jyoti (light) to Braham Jyoti
- 224 Ativahkas (transcendental carriers) to Brahmi sitithi (Brahman states)

225 Self sustaining virtues

Second week 9, 10, 11, 12, 13

226 Along artifice 9

227 Along artifice 10

228 Along artifice 11

229 Along artifice 12

230 Along artifice 13

Third Week half 1/2, 1 ½, 2 ½, 3 ½, 4 ½, 5 ½,

231 Along Transition path from ½ to 1 ½

232 Along Transition path from 1 ½ to 2 ½

233 Along Transition path from 2 ½ to 3 ½

234 Along Transition path from 3 ½ to 4 ½

235 Along Transition path from 4 ½ to 5 ½

Fourth week ParBraham

236 Along values path of BEING

237 Along virtues way of SELF

238 Along vision road of soul

239 Brahman expression as Par Braham

240 As self sustaining Parbraham

Appendix

PREFACE

This book lessons are the steps of fourth year (12-2-2009 to 11-2-2010) of twelve years gyan yajna (2006-2018).

Note :- The material of seventh year to twelfth year is not compiled as the same is not in a compilable position at present.
